

Medication Safety

Text Messaging Program

Partnership to End Addiction's Medication Safety Text Messaging Program provides helpful, evidence-based skills and resources via text to patients who have received an opioid prescription for acute, short-term pain.

FOR PATIENTS

Are you an individual or a parent of a child who received an opioid prescription for acute pain? If so, follow the instructions below to receive helpful text message tips right on your cell phone.

How It Works

1. Text **RX** to **55753**
2. Answer a quick series of questions about the opioid prescription
3. Receive text messages with information and support customized to your needs, for the length of the prescription

Sample Messages

- ▶ Unlike antibiotics, it's not always necessary to take all of the pills prescribed if your pain is subsiding. Before you take the next pill, check in with yourself. How's your pain?
- ▶ Make sure that you know your child's options when it comes to pain relief. There are many non-opioid alternatives for pain that are safer than opioids and that your child might find useful. Learn more in this article: helphope.net/20IFaZ2
- ▶ If you have unused or old medication, dispose of it properly. Learn more about where you can dispose of it near you: helphope.net/2Tj8OAF
- ▶ If there is a history of a dependence or addiction in your family, you should let your child know since they are at a higher risk for developing a drug or alcohol problem. You can discuss it in the same way you would if you had a disease like diabetes.

