

Medication Safety Text Messaging Program

The Partnership for Drug-Free Kids' Medication Safety Text Messaging Program provides helpful, evidence-based skills and resources via text to patients that have received an opioid prescription for acute, short-term pain. This program is available for an individual who was prescribed a prescription for opioid medication themselves, or for a parent whose child was prescribed an opioid medication.

FOR PATIENTS

Are you an individual or a parent of a child who received an opioid prescription for acute pain? If so, follow the instructions below to receive helpful text message tips right on your cell phone.

How It Works

1. **Text RX to 55753**
2. Answer a quick series of questions about the opioid prescription
3. Receive messages with information and support tailored to your needs, right on your cell phone, for the length of the prescription

Sample Messages

- ▶ Unlike antibiotics, it's not always necessary to take all of the pills prescribed if your pain is subsiding. Before you take the next pill, check in with yourself. How's your pain?
- ▶ Make sure that you know your child's options when it comes to pain relief. There are many non-opioid alternatives for pain that are safer than opioids and that your child might find useful, which you can learn more about in this article: helphope.net/20IFaZ2
- ▶ If you have unused or old medication, dispose of it properly. Learn more about where you can dispose of it near you: helphope.net/2Tj8OAF
- ▶ If there is a history of a dependence or addiction in your family, you should let your child know since he or she is at a higher risk for developing a drug or alcohol problem. You can discuss it in the same way you would if you had a disease like diabetes.

